

**2008 PALMETTO FALL CLINIC  
NOVEMBER 13, 2008 THURSDAY**

Time	Mat 1 Fairfield/Saluda	Mat 2 Calhoun	Mat 3 Lexington	Mat 4 Capital	Restoration Therapy Newberry Room "A"	Restoration Therapy Newberry Room "B"
8:30-6:00	<i>Registration</i>					
10:00-10:30	<i>Opening</i>					
10:30-12:00	Hand Techniques Ball	International Sport Kumite Abele	Winding movements Matsuo	Closed	Instructor's Choice Musser	Huna 1 (restricted) Kahuna Saito
12:15-01:45	Sighting down the weapon T. Ryan	Freestyle Jujitsu Lane	No Grip Throws B. Ryan	Closed	Intention and healing Shatzen	Huna 1 (restricted) Kahuna Saito
02:00-03:30	Lines of attack Griffin	½ Staff (Honbo) Isshin Ryu Boykin	Blending & Flow Blackwell	Available at 3:00	Hip Assessment and Alignment Wagner	Huna 1 (restricted) Kahuna Saito
03:45-05:15	Iron Palm Matsuo	Impact Blocking Shull	Ground Transition I Ingold	DZR BB by permission only Oku Lane	Fire, 5 Element Theory Spuller	Huna 1 (restricted) Kahuna Saito
	Kids Class 05:00-06:00 (Penn)			BB Exams		
07:00-07:55	Kids Class 06:00-07:00 (Lane)	Body Shifting Logue	3 throws you should know Griffin	BB Exams	Gateway to the energies Wallace	Huna 1 (restricted) Kahuna Saito
08:00-09:00	Kyusho Jitsu Logue	Isshin Ryu Karate Boykin	Boxing Mudd	BB Exams	Dynamic Stretching Oviedo	Huna 1 (restricted) Kahuna Saito

**NOVEMBER 14, 2008  
FRIDAY**

Time	Mat 1 Congaree A	Mat 2 Congaree A	Mat 3 Congaree A	Mat 4 Calhoun	Restoration Therapy Newberry Room "A"	Restoration Therapy Newberry Room "B"	Open Area Congaree A
07:45-08:45	Chi Gung Matsuo	Coffee with the Profs Ball/Estes/Hill/Lane/Ryan	Open Mat				
08:45-09:00	<i>Opening</i>						
09:00-10:30	New Entries from the near side Griffin	Military Throwing Techniques B. Ryan	Instructor's Choice Ball	DZR BB by permission only Yawara Hill	Extraordinary Meridians Matsuo	Huna 1 (restricted) Kahuna Saito	Kyudo Blackwell
10:45-12:15	Instructor's Choice Pukish	Bagua Zhang Matsuo	What about the ground Griffin	DZR BB by permission only Yawara Stick Lane	Headaches Wagner	Huna 1 (restricted) Kahuna Saito	Iaido Hill
12:30-01:30	Lunch						
01:30-02:50	Sweeps and Takedowns using Karate Abele	Aikido Blackwell	Grip Development Sorin	DZR BB by permission only Shinnen No Maki (1-10) Lane/Ryan	Earth, 5 Element Theory Spuller	Huna 1 (restricted) Kahuna Saito	Kettle Bell Training Matthews
03:00-04:20	Instructor's Choice James	Joint Locking Matsuo	Isshin Ryu Karate Boykin	DZR BB by permission only Tessen Ball/Estes	Instructor's Choice Musser	Huna 1 (restricted) Kahuna Saito	Grappling Shull
04:30-06:00	Kids 05:00-06:00 (Pukish)	Ground Transition II Ingold	Cane Techniques Reiff	DZR BB by permission only Shinnen No Maki (1-35) Hill/Estes/Ball	Anatomy Review Shatzen	Working the neck T. Ryan/Burkett	3 Treasures, Qi, Jing & Shen Wallace
06:00-07:00	Kids 06:00-07:00 (B. Ryan)	Dinner					
07:00-07:50	Kids 07:00-08:00 (Matsuo)	Getting Close Logue	Twirling Sword Saito	BB Exams	More or Less, the Hip Oviedo/Burkett	Your Back Hurts? Musser	Boxing Mudd
08:00-09:00	Impacting Matsuo	Chokes B. Ryan	Instructor's Choice Boykin	BB Exams	Energetic Diagnosis James	Metal, 5 Element Theory Spuller	Open Mat

**NOVEMBER 15, 2008  
SATURDAY**

Time	Mat 1 Congaree A	Mat 2 Congaree A	Mat 3 Congaree A	Calhoun	Restoration Therapy Newberry Room "A"	Restoration Therapy Newberry Room "B"	Open Area Congaree A
08:00-08:55	Bagua Zhang Matsuo	Coffee with the Profs Ball/Estes/Hill/Lane/Ryan	Open Mat		Restoration Therapy Exams		
09:00-09:30	<b>Opening</b>						
09:35-11:00	Ground Combinations Pukish	Combative Techniques, defense against 4 directions Abele	Heavy Hands Shull	DZR BB (by permission only) Technical Yawara T. Ryan	Restoration Therapy Exams	Setting the mind to heal Matsuo	Kyudo Blackwell
11:10-12:30	DZR Combinations Ball/Halligan	Bring it all together Griffin	Hawaiian Yawara Stick Saito	DZR BB Science of Nage Hill/Estes	Restoration Therapy Exams	Water, 5 Element Theory Spuller	Military Tactics B. Ryan
12:30-01:30	<b>Lunch</b>						
01:30-02:20	01:00-02:00 Kids Class (Pukish)	Goshin Jitsu Lane/Hodgkins	Shime Waza B. Ryan	DZR BB (by permission only) Hanbo Estes	Quick Exam and Assessment Wagner	Lomi-Lomi (Auntie Margarit) Saito	Iaido Hill
02:30-03:20	02:00-03:00 Kids Class (B. Ryan)	Cane Techniques Logue	Oku Colton/Sabahive	DZR BB (by permission only) Shinyo No Maki (1-14) Lane/Ball/Estes	Wood, 5 Element Theory Spuller	Want to know the real secrets? Shatzen	Applications of the 3 Treasures Wallace
03:30-05:00	03:00-03:30 Kids class (Grant)	Aikido Blackwell	Impacting Pukish/Penn	DZR (Invite only) Shull/Logue, see Prof. Ryan	Medical Chi Gung Matsuo	Shoulder Yawara Burkett	Weapons Part 1 Wood/Gonzalez
	03:30-05:00 Kids Class (T. Ryan)						
05:00-05:45	<b>School Heads Meeting</b>						
06:00-09:00	<b>No Host bar in Lexington Room</b>						
07:00-09:30	<b>Banquet at Lexington Room at the Radisson Hotel and Convention Center</b>						

**NOVEMBER 16, 2008  
SUNDAY**

Time	Mat 1 Congaree A	Mat 2 Congaree A	Mat 3 Congaree A	Restoration Therapy Newberry Room
07:00-08:00	Chi Gung Matsuo	Coffee with the Profs Ball/Hill/Lane/Ryan		
08:00-08:55	Circle walking Matsuo	Illegal Kodokan Judo throws that you should know B. Ryan	Putting it all together Shull	5 Element Theory, bringing it all together Spuller
09:00-09:55	Bisect Cutters Griffin	Instructor's Choice Saito	Open Mat	Instructor's Choice Matsuo
10:00-10:55	Aikido Blackwell	Ask the Prof. Lane	Closed	Instructor's Choice Shatzen/Musser/Ryan
11:00-11:15	Closing			

## Kids Classes

Thursday, November 13, 2008

05:00-06:00	Kids Class (5-6) How not to get hit! Penn
06:00-07:00	Kids Class (6-7) Lane

Friday, November 14, 2008

05:00-05:50	Kids Class Instructor's Choice Pukish
06:00-06:50	Kids Class Judo Throws B. Ryan
07:00-08:00	Kids class Matsuo

Saturday, November 15, 2008

01:00-01:50	Kids Class Instructor's Choice Pukish
02:00-02:50	Kids Class Judo Throws B. Ryan
03:00-03:30	Break Dancing Grant
03:30-05:00	Kids Class Sumo Ryan/